## Vaccine Easy Art Sessions by Saba Khan

If you love making art, meeting people and want to share views on the Covid-19 vaccine, then we have eight free exciting art sessions for you! Come to one, or as many sessions as you like, the choice is yours! Hosted by Mind in Croydon and local artist Saba Khan, you will have great fun painting, drawing or paper-cutting, portraits, landscapes, book covers and still-life.

Or if you prefer, make your own art and enjoy our conversation and refreshments! What's special about these art sessions is that we also want to hear your views on the Covid 19 vaccination. Your feelings and opinions matter and whatever your view, we would like to know what you think? Have you taken the vaccine or not? What influenced your choices? We will also talk about interesting topics such as self-care, making powerful healthcare choices, caring for others and happy memories.

All workshops will be held on Thursdays during July, August, and September 2022!

Location: Fairfield House, 10 Altyre Road, East Croydon, CR0 5LA

To sign up speak to a member of staff at Fairfield House or contact them on 020 8688 1210 or email fairfield@mindincroydon.org.uk







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