

FREE INDEPENDENT CONFIDENTIAL

AN IMHA CAN SUPPORT YOU TO:

- Understand your rights under the Mental Health Act
- Access information
- Exercise your rights
- Express your views and wishes
- Speak to people involved in your care and treatment
- Attend relevant meetings
- Meet with you in private
- Access your records (*with your consent*)
- Explore options

If you are not in hospital OR NOT detained under the Mental Health Act, an advocate can still help you to ensure your views and wishes are represented.

To make a referral for a mental health advocate contact us on:

Tel: **020 8763 6730**

Email: **advocacy@mindincroydon.org.uk**

For other advocacy needs contact:

Tel: **0345 310 1812** Email: **referrals@advocacyforall.org.uk**



in Croydon

Charity no: 1073880

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INDEPENDENT MENTAL HEALTH ADVOCACY (IMHA)

IMHA advocates are specially trained to work within the framework on the Mental Health Act.

YOU HAVE A RIGHT TO AN IMHA

If you are a 'Qualifying Patient' that is:

- **Detained under section (*excludes Section 4, 5, 135, 136*)**
- **Conditionally discharged**
- **Guardianship**
- **CTO (*Community Treatment Order*)**
- **Being considered for treatment under s57**
- **Under 18yrs & being considered for treatment under s58a**

